

the richmond **REVIEW**

Black Press
richmondreview.com



Eating Together
p. 13

ESTABLISHED 1932

THURSDAY, FEBRUARY 10, 2011

32 PAGES

City earns waste award for land buy

Garden City lands purchase of \$60 million nets Richmond a Teddy

by **Matthew Hoekstra**

Staff Reporter

Richmond's \$59.2-million purchase of the Garden City lands earned the city a nomination for a Teddy Waste Award from the Canadian Taxpayers Federation.

Announced this week on Parliament Hill in Ottawa, the federation's annual awards recognize the "best of the worst in government waste." Richmond received the honour for buying the land at "five times" the real value to be "as fair as possible," according to Kevin Gaudet, the group's federal director.

"We hold the Teddies every year during award-season to bring to the public's attention government waste and to point out where government can do better," he said in a news release. "Holding the Teddies helps to ensure that if politicians and bureaucrats waste our money, we can turn it into a punchline to hold them accountable."

This year's winner of the municipal Teddy went to the City of Edmonton for spending \$5,000 on a contest to get people to write poems or Haikus about riding the bus. This despite already paying an official city poet laureate \$5,000 per year to write poetry for the city, according to Gaudet.

On March 31, 2010, the city completed the purchase of the Garden City lands, netting the Musqueam Indian Band and Canada Lands Company \$29.6 million each.

Several years before that, Richmond anticipated the federal government would gift the lands to the city, but the Musqueam sought an injunction to prevent the transfer.

The Musqueam band is now suing the city in an effort to reverse the sale and honour an original agreement to develop the land, which is locked in the Agricultural Land Reserve.



Winterfest Weekend

Mayor Malcolm Brodie invites the community to the Richmond Olympic Oval this weekend for a host of fun events. See pages 12 and 20.

keithwestcoasthomes.com
Keith Liedtke
• professional
• strong negotiator
• fast results!

RE/MAX Westcoast
Keith Liedtke
604.341.6231

NEED AN IDEA FOR

VALENTINE'S DAY?

ROSES ARE RED, VIOLETS ARE BLUE,
THE PRICKLY PEAR,
HAS SOMETHING FOR YOU!

OPEN 9 TO 6 EVERYDAY!

PRICKLY PEAR garden centre
WWW.PRICKLYPEAR.CA
12311 NO. 1 ROAD, STEVESTON • 604-241-4717

food

Eating Together



Food for Thought

Arlene Kroeker

Touchstone wants families to dine with each other

Do you ever ask your kids how their day was?

Do you ever tell them how yours was? "What did you learn today?" or "Tell me about the book you are reading." It's called a conversation and is an event held around a table and usually involves food.

Barb Findley of ProjectChef sets up teaching kitchens in the classrooms of elementary schools. There, she meets too many children who don't know how to set a table, know table manners, or even what it means to sit down at a table and share a meal over stories. Parents have a myriad of excuses, from "too busy" to "we're on different schedules" while the kitchen or dining room table becomes another storage facility.

"Family dinner was something we insisted on," explains Adrienne



Rob Akimow photo

Touchstone Family Association's Georgina Patko is encouraging families to eat together.

Cathcart, a Richmond mother.

When her daughter and son, now grown up, were young, Adrienne and her husband Ted insisted on family dinner from Sunday to Thursday.

"The rule was: no Internet, no

TV, no telephone," says Adrienne. "This was our time."

Her children didn't like that it interfered with friend time, to which Adrienne always responded, "Too bad."

See Page 15

Red Envelope Contest winners:
 •Hakkasan Contemporary Chinese Restaurant - lunch: Michael Co

•Hakkasan - dinner: Lois Bachman
 •Jade Seafood Restaurant: Arthur Vaz

WAREHOUSE Ladies' Wear SALE! 2nd Annual

Friday & Saturday
 Feb 11th & 12th
 10:00-4:00

All fall & winter stock up to

70% OFF

Amazing deals on beautiful quality merchandise. Come early for the best selection.

Petite Fashions & Coastlines Fashions

For more info: call 604-537-5977 or 604-325-7673

Bring this ad in for additional \$5 off your purchase!



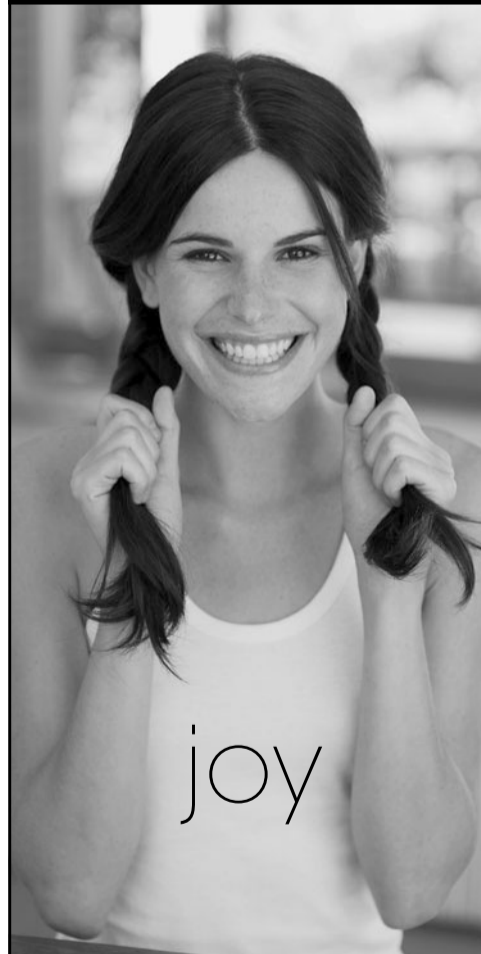
Warehouse Location

#104 8380 St. George St. Vancouver

(off Marine Drive between Main & Fraser)

Coastlines Fashions

Put Your Best Smile Forward



FREE Teeth Whitening for Life!*

We work hard to ensure that patients leave our office smiling and feeling good about their dental visits. Now we're going one step further and offering a FREE lifetime supply of in home whitening kits (impressions included) to every new patient.

- Preventative Care
- Implants
- Bridgework
- Crowns, Fillings
- Root Canals
- Oral Surgery
- Dentures

Limited Time Offer!
 Call today to book your appointment!

*New patient exam & x-rays required. Must maintain bi-yearly check ups & cleaning as recommended by the Canadian Dental Association. Other restrictions may apply please call for full details.

A trip to the dentist never felt this good.

DENTAL CLINIC
 @ Richmond Centre
 604-821-0886
 richmonddental.ca

Located Near Sears in Richmond Centre Mall Open 7 Days A Week All Mall Hours

DR. R. CHAUDHRY • DR. D. FOSTER • DR. J. PAQUETTE • DR. T. POULOS • DR. A. SAHOTA

Future Shop – Correction Notice

PS3 Assassin's Creed II 10147419 On the February 4 flyer, page 8, please be advised that this product was advertised with an incorrect Web ID. The right ID should be 10125395. We sincerely apologize for any inconvenience this may have caused our valued customers.

Best Buy – Correction Notice

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated: January 28 – February 10. Product: 14" Acer Laptop featuring Intel® Pentium® Processor T4500 (AS4733Z-4418) On the January 28 flyer, page 16, and February 4 flyer, page 14, please note that this product was advertised with an incorrect brand logo. Be advised that this laptop is an ACER laptop. SKU: 10161886

"Sweet Savings"

More money to get what you want.



STORES • FLYERS • DEALS
 COUPONS • BROCHURES
 CATALOGUES • CONTESTS
 PRODUCTS

flyerland.ca
 Save Time, Save Money.

Visit our other Black Press sites



THE FIREPLACE WAREHOUSE

BRRRR... IT'S COLD OUTSIDE!

Heat up your home now with a Tasman Grand or Tasman Champion; the only fully electronic gas inserts on the market, for only \$2887 installed!



Introducing Regency Fireplaces
CLEARANCE SALE
 Up to \$600 OFF
 Until Feb. 22

thefireplacewarehouse.ca

#105-11091 Bridgeport Rd, Rmd • 604-231-8923

Receive **\$150** rebate on an EnerChoice™ fireplace.

terasengas.com/enerchoice

Some restrictions apply.



terasen Gas

food

Christina Hackett's Orzo Salad

My 'second mum' Marcella Sr., a close family friend, used to make this dish with whatever vegetables were in her fridge at the cabin. We spent a lot of time at the cabin when I was a young kid and this orzo salad became a staple for mid-morning, afternoon, and evening snacking. She would make a huge batch—everyone helped chop and mix—thinking it would last for days. We gobbled it down within 24 hours. I make this dish often and love it because it reminds me of wonderful times with people I love. That's what food is about.

- Orzo – 250g (half a package)**
- 1/3 cup olive oil, divided**
- Juice of 2 lemons, divided**
- Handful chopped parsley**
- 1 zucchini, chopped**
- 1 red onion, chopped**
- 1 yellow pepper, chopped**
- 1 clove of garlic, chopped**
- 20-30 cherry tomatoes, halved**
- Package of feta cheese, crumbled**

Cook the orzo in boiling salted water, uncovered, stirring occasionally, for 4-5 minutes, until tender. Drain. Add ½ the olive oil, fresh parsley, and the juice of one lemon. Stir to blend, and set aside to cool.

Place zucchini, red onion, pepper, and garlic in a roasting pan with remaining olive oil and the juice of one lemon. Bake at 350°F for 40 minutes.

To assemble salad: add tomatoes, feta, and roasted vegetables to orzo. Add salt and fresh ground pepper to taste. Refrigerate or enjoy warm.



Blue Spruce
MONTESSORI SCHOOL
10111 Bird Road Richmond BC V6X 1N4 Phone: 604-821-1877
Established in 1997

Offers a quality Montessori Education to children 2 1/2 - 6 years old.
We have a beautiful fully equipped classroom with Montessori materials that will excite, encourage and prepare your child for his world today.

We offer a curriculum rich in:
Language, Math, Practical Life Activities, Sensorial, Culture & Music. For more information visit our classroom, meet the teachers and explore the Montessori materials.

OPEN HOUSE/INFORMATION & REGISTRATION FOR 2011/2012: Sat. Feb. 12 11am-3pm
Thurs. Feb. 10 & 17 4:30-6pm

Phone: 604.821.1877 E-Mail: info@bluesprucemontessori.com
Website: www.bluesprucemontessori.com

EARLY BIRD FAMILY DINNER
Leave Before 7:30pm
\$45.00 for 4 People

CRA Diners' Choice Dim Sum Award in BC for 2011.
Chef Anthony Luk's Winner of the Chef of the Year Gold Award CRA cooking competition.

LUNCH 20% OFF
all Dim Sum ordering before 11am



The Jade 玉庭軒
SEAFOOD RESTAURANT

8511 ALEXANDRA ROAD, RICHMOND | 604-249-0082
WWW.JADERESTAURANT.CA
OPEN EVERY DAY INCLUDING HOLIDAYS
BREAKFAST & DIM SUM LUNCH: 9AM-3PM | DINNER: 5PM-10PM

SHOW THIS AD to Redeem Dumplings (3 pcs) or California Roll (2 pcs) or Bubble Tea (original flavor)

EACH TIME YOU VISIT!
EXPIRES March 10, 2011
Dine-in only, no cash value. Inquire within for restrictions. Ajisen Ramen reserves the rights for final decision in any case of dispute.



味千拉麵 AJISEN RAMEN
JAPANESE NOODLE RESTAURANT
1190-4380 No. 3 Rd., Richmond, B.C.
Tel: 604-304-3351
www.ajisen.ca
(East entrance of Parker Place Mall)

Eating together makes for happy families

From Page 13

As it turned out, her children's friends joined the family dinner hour and still reminisce about the lively conversations. For Adrienne, it was an opportunity to learn about her children's lives.

Touchstone Family Services, a non-profit agency, has offered family counselling without the red tape for more than 27 years. They believe the research that says children thrive when families eat together. Kids have the opportunity to share their issues and they also learn more about their parents' worlds.

Michael McCoy, executive director of Touchstone says, "Family is the first community we belong to. Strong families mean strong communities."

So Georgina Patko of Touchstone spent the past year organizing a week of Eating Together. From Feb. 21 to 28, Touchstone will encourage families to join together over food—from gardening to grocery shopping; from cooking to eating. (The City of Richmond supported the idea from the beginning and declared Feb. 21 Family Day.)

The week involves pancake breakfasts, great prizes, and the support of restaurants such as Tapenade, Gudrun, American Grille, Boston Pizza, Mondo, White Spot, McDonald's, and more.

Trail Appliances has offered its demo kitchen for a week of cooking classes. Chefs Ken Iaci, Alex Tung, Ian Lai, Kevin Turner, and Barb Finley (a kids' class) will be demonstrating meals you can make at home. The classes are free, but space is limited, so registration is imperative. At this time, there is still

space in Kevin Turner's class on Feb. 23 and Ian Lai's class on Feb. 25. (Donations to Touchstone are welcomed.) The idea is that participants will share the recipe and instructions to five other people (a Jamie Oliver influence).

Months ago, Touchstone put a call out to the community for recipes and stories about eating

together. Since the deadline of Dec. 31, a winner, Christina Hackett, has emerged (and receives a \$100 gift certificate to Galloway's Specialty Foods).

Christina's recipe appears on the left.

Arlene Kroeker writes about food every Thursday in The Review.

Best Buy – Correction Notice

To our valued customers: We apologize for any inconvenience caused by an error in our flyer dated: Feb 04 – Feb 10. Product: Intel 2nd Generation Core Processor Computer Recall. Due to a defect on the Intel 2nd Generation Core processor, please note that the following computers advertised on pages 14 and 16 of the Feb 4 flyer have been recalled and will not be available in all stores: Samsung RF711-S03CA Laptop (10162030) and the HP p6742f Desktop Computer (10161410). Please see a Product Specialist in-store for details on alternate products. SKU: 10161410/ 10162030

Fresh Values in Store This Week!



Large Navel Orange
49¢ /lb



Ambrosia Apple Large
69¢ /lb



Red Grape Seedless
\$1.29 /lb



Kabocha Squash
59¢ /lb



Field Tomato
99¢ /lb



Singo Pear Large
99¢ /lb



Pork Shank
\$1.99 /lb



Silkie Chicken
\$3.99 /lb



Ribeye Beef Steak
\$2.99 /lb



Fwu Leh Rice Stick
300g
99¢ /ea



"LKK" Panda Brand Red Label Oyster Sauce
2.27kg
\$5.50 /ea



Chewy Udon
200g
\$1.95 /ea



East Sea Peeled Red Shrimp
340g
\$2.99 /ea

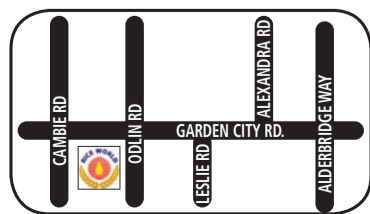


Crisp Broad Bean
200g
99¢ /ea



中國世界超級市場

China World Supermarket



8777 Odlin Road : Sun.-Thurs. 10am-8pm
Richmond : Fri.-Sat. 10am-9pm

FEBRUARY 11 - FEBRUARY 14
Specials valid while stock lasts and are subject to change.